# STATINS IN REDUCING EVENTS IN THE ELDERLY - STAREE

## STAREE Newsletter, Winter Issue 2017

## 1000th Participant Milestone Celebration



The STAREE team celebrated the randomisation of their 1000th participant on May 31, 2017.  The STAREE team were excited to reach their first randomisation target and are looking forward to enrolling an additional 3500 participants by the end of 2017. "*The celebration was an important occasion to sincerely thank the valued participants, GPs, supporters and wonderful staff that have all contributed to reaching this momentous goal - a huge collaborative effort*!"
– Fleur O'Hare (STAREE Project Manager)

Check out this 7news report: **https:// goo.gl/i25zqB**
featuring the STAREE trial and our lovely 1000th participant

*"My husband and I are both involved and we found the visit very engaging as the assessments told us more about ourselves. My family and I have benefited from the developments in medicine over the years and it would be nice to contribute to future progress which may ultimately benefit the community and my family in the future."*
– Quote by our delightful 1000th participant Susan Ball



Pictured above: Fleur O'Hare (Project Manager) presenting the STAREE 1000th Participant award to Susan Ball and her husband Laurence Ball

A message from the STAREE lead investigator, Professor Sophia Zoungas:

This world first trial is looking to invite 18,000 people so that we can reliably answer important questions about the impact of statin therapy on healthy ageing, weighing up all the effects of therapy on healthy people aged 70 years and over.

**Every person counts and we appreciate everyone showing an interest in our study**

**This public health study has been funded by the Australian National Health and Medical Research Council.**

For more information, please contact us on:
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**STAREE** IS ALSO INVESTED IN EXPLORING THE GENETIC MARKERS ASSOCIATED WITH CHRONIC CONDITIONS AFFECTING US AS WE AGE AND THROUGH THE HEALTHY AGEING BIOBANK, WE CAN EXPLORE THE GENES THAT PREDISPOSE PEOPLE TO THESE CONDITIONS.

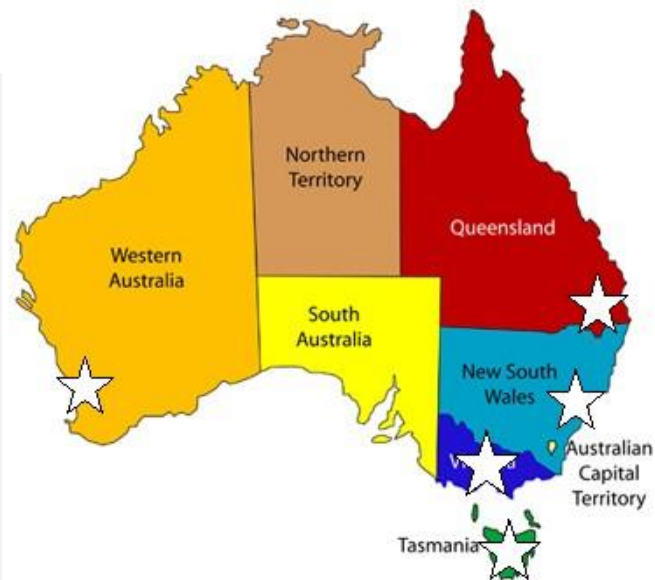STAREE IS FUNDED BY THE NATIONAL HEALTH AND MEDICAL RESEARCH COUNCIL

**Do you have an upcoming community event and would like an interesting guest speaker?**

STAREE would love to help you out! Please give us a call on 1800 770 664 or send an email to staree@monash.edu

## STAREE EXPANDING TO BRISBANE AND NEWCASTLE

STAREE is excited to announce the launch of our new site in Brisbane (QLD) and would like to officially welcome Dr. Gary Deed, the local site lead, and his team Peta, Steve, Gina and Rhiannon. STAREE has also expanded to Newcastle/Tamworth (NSW) and is looking forward to starting up a new site in the near future.

Along with the initiation of these two new sites, STAREE continues to grow and enroll participants in Perth, Hobart, Launceston, regional Victoria (Mildura, Traralgon, Bendigo) and Melbourne.

## INTRODUCING OUR NEW MEDICAL OFFICER

*"I am delighted to have recently commenced the role of medical officer for the STAREE clinical trial at Monash University. I am a practicing GP and I have a strong interest in public health and research.*

*Having completed my Masters of Public Health at Monash University's School of Public Health and Preventive Medicine, I saw that this role in the school would provide an ideal opportunity to combine my two areas of expertise.*

*I am able to provide insight and clinical oversight from the general practitioner's perspective, helping to facilitate the smooth running of this general practice based public health research. I have already had the opportunity to speak with many of our valued STAREE participants and am pleased to see the participant and public support that so many offer to the trial.*

*The contributions made by our participants will help to address this very important public health issue, and better inform guidelines for the use of statins in those over 70 years of age for primary prevention of heart disease."* Our valued Medical Officer Dr. Alissa Kost.